



General Physics (UK) Ltd
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Coaching Skills for Team Leaders

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Coaching Skills for Team Leaders

Duration

2 days

Overview

Whether in a formal session or an ad hoc opportunity coaching can, when done well, be a highly effective management and performance improvement tool.

Coaching is a well-established business tool that, when done well can have dramatic impact on performance and relationships. In this two day introductory course you will learn how to structure your coaching in an effective way and lay the foundations for your own development as a coach. Learn how to improve performance by keep coaching simple and avoiding the common errors that cause too many efforts to fail.

Objectives

Learn the principles of successful employee coaching, and how to apply key skills in a highly effective way that will positively influence the progress of your team.

Agenda

- A definition of coaching
- The purpose and benefits of coaching
- Blockages to coaching
- The 3 key coaching tools
- Attributes of an effective coach
- A coaching approach and framework
- The structure of questions
- The Listening coach
- Moving them forward
- Giving feedback
- A coaching action plan